

We hope you are well and continue to be. We are living through something that none of us has experienced, and while we don't know exactly what the next few weeks will look like, we do know that focusing on the needs of our community and looking out for each other is our best protection. If anyone is quarantined or self-isolating and needs a door drop of supplies, please call on one of the co-chairs: Sharon, 434-242-5894 or Bekah, 434-409-4231. Local information about the coronavirus outbreak can be found online at <http://www.vdh.virginia.gov/surveillance-and-investigation/novel-coronavirus/> If you or a family member is exhibiting non-emergent symptoms, please contact the Health Department at (434) 972-6261 or your regular doctor. They will be able to help coordinate access to medical care while limiting potential spread.

Part of what drew us all to the Democratic Party is the desire to create a more just and equitable world, where community is strong and people care about one another. This crisis demonstrates the importance of having a truthful and competent leader capable of putting the nation's interest first. When things return to normal, we will be rested up for the really hard work ahead of us to ensure that our national and our 5th district have leaders that we deserve.

At our executive retreat, we did a lot of good work creating a calendar to guide us as we move toward November. Because of the call to limit gatherings of people in order to halt the spread of coronavirus, some of these events have already been altered. Others also may need to be changed. We are closely monitoring guidance from the health department, DPVA and the CDC in determining cancellations and modifications. What hasn't changed is our dedication to strengthening our community through our work to get Democrats elected to office.

You can find all of these events on the calendar on our website. We are including volunteer needs so that you can find a way to use your talents and time. We have launched outreach to newly registered voters by sending them personalized postcards inviting them to get involved. If you are interested in helping out with this effort, please let us know. Once we have Congressional and presidential nominees, we know much of our volunteer work will be through those campaigns/the Coordinated campaign.

One way to volunteer is to help with voter registration. The training video is below. If you have done the training before, please note it needs to be renewed every year:  
<https://www.elections.virginia.gov/registration/registration-drives/voter-registration-training-video/>

Take good care of yourselves!

Bekah Saxon, Sharon Webb, Brian Pinkston, Jason Vandever and Mary Ann Harris